



2010

Activities Catalogue

Capitol Hill Adult Schoolyard Entertainment



DISTRICT CORNHOLE

Last Revision: January 22, 2010

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Winter Dodgeball (January – March)

Locations: **Crystal Gateway Sport & Health**
1235 S. Clark St.
Arlington, VA 22202

Crystal Park Sport & Health
2231 Crystal Dr. #1
Arlington, VA 22202

Sponsor Bar: **Mister Day's**
3100 Clarendon Blvd #A
Arlington, VA 22201

Conferences **Social** (Tuesday, Thursday) & **Athletic** (Wednesdays)

Season Schedule The 7-week regular season starts the week of January 12, 2010 with games beginning at approximately 6:00 PM, 6:45 PM, 7:30 PM, 8:15, and 9:00 PM. Play-offs will be held Sunday, March 7. The number of play-off teams will be determined at the start of the season.

Week 1 ... January 12, 13, 14
Week 2 ... January 19, 20, 21
Week 3 ... January 26, 27, 28
Week 4 ... February 2, 3, 4
Week 5 ... February 9, 10, 11
Week 6 ... February 16, 17, 18
Week 7 ... February 23, 24, 25

Important Dates **Registration Begins** ... November 1, 2009
Registration & Coaches' Meeting ... Monday, Dec. 14, 2009
Late Registration Begins ... Tuesday, Dec. 15, 2009
Kick-off Party ... Friday, January 8, 2010
Play-offs ... Saturday, March 7, 2010
End-of-Season Party ... Saturday, March 13, 2010

Teams To be eligible, teams must consist of 6 players on the court, of which 3 must be female. The League recommends having no less than 8 players on each team and no more than 16 players on the overall roster.

Fees Individual players are \$65. Teams are \$600 but there are no additional fees for the number of players. The League fee includes 7 regular season games, eligibility for play-off championships, 1 AASL referee per court, all equipment, AASL Dodgeball t-shirts for all registered participants, and drink specials after each game.

On-line payments receive a \$5 discount for individuals and \$25 for teams if paid in full. Otherwise, a \$250.00 deposit will be collected during the Registration & Coaches' meeting. The remainder of the balance will be collected at the first game (if not already paid online). If the team does not have the remainder of their balance, they will not be allowed to play until they do so and that will count as a forfeit.

AASL does not issue refunds.





Winter Bowling (January – February)

Location: **Bowl America**
6450 Edsall Road
Alexandria, VA 22312

Sponsor Bar: **Bowl America**
6450 Edsall Road
Alexandria, VA 22312

Conferences **Social (Sundays)**

Season Schedule The 6-week regular season starts Sunday, January 10, with each game beginning promptly at 4:30 PM and ending at approximately 6:00 PM. Players have the option of bowling additional games afterward at their expense. The number of play-off teams will be determined at the start of the season. NOTE: There are no games on Super Bowl Sunday (February 7).

Week 1 ... January 10

Week 2 ... January 17

Week 3 ... January 31

Week 4 ... February 14

Week 5 ... February 21

Week 6 ... February 28

Important Dates **Registration Begins** ... November 1, 2009
Registration & Coaches' Meeting ... Tuesday, Dec. 15, 2009
Late Registration Begins ... Wednesday, Dec. 16, 2009
Kick-off Party ... Friday, January 8, 2010
Play-offs ... Sunday, March 7, 2010
End-of-Season Party ... Friday, March 5, 2010

Teams To be eligible, teams must consist of 3 players on the lane, of which 1 must be female. Official scores are based on the top 5 bowlers, of which two must be female. Additional bowlers may participate but their scores are not factored into the overall score. The League recommends having no less than 6 players on each team and no more than 10 players on the overall roster.

Fees Individual players are \$70. Teams are \$350 but there are no additional fees for the number of players. The League fees include 6 regular season games, eligibility for play-off championships, shoes and bowling balls provided by Bowl America, and AASL Bowling t-shirts for all registered participants.

On-line payments receive a \$5 discount for individuals and \$25 for teams if paid in full. Otherwise, a \$250.00 deposit will be collected during the Registration & Coaches' meeting. The remainder of the balance will be collected at the first game (if not already paid online). If the team does not have the remainder of their balance, they will not be allowed to play until they do so and that will count as a forfeit.

AASL does not issue refunds.





Winter Broomball (January – February)

Location: **Tucker Road Ice Rink**
1770 Tucker Road
Ft. Washington, MD 20744

Sponsor Bar: **Frank's Sports Bar**
6308 Livingston Road
Oxon Hill, MD 20745

Conferences **Athletic** (Wednesdays)

Season Schedule The 6-week regular season starts Wednesday, January 13, with games starting promptly at 9:15 PM and 10:00 PM. Each team will be eligible for play-offs.

Week 1 ... January 13

Week 2 ... January 20

Week 3 ... January 27

Week 4 ... February 3

Week 5 ... February 10

Week 6 ... February 17

Important Dates **Registration Begins** ... December 1, 2009
Coaches' Meeting / Draft Pick ... Saturday, January 2, 2010
Kick-off Party ... Friday, January 8, 2010
Play-offs ... February 24, 2010 & March 3, 2010
End-of-Season Party ... Friday, March 5, 2010

Teams To be eligible, teams must consist of 6 players on the ice (3 forwards, 2 defensemen, and 1 goalie), of which 1 must be female. The League recommends having no less than 11 players on each team and no more than 16 players on the overall roster. Players will be drafted during the Coaches' Meeting and notified thereafter their team assignments. Players may request to be assigned the same team as another player when filling out the registration form.

Fees Individual players are \$80. The League fees include 6 regular season games, 2 play-off games, access to DC Broomball league equipment including helmets, shoes, and sticks, and DC Broomball t-shirts for all registered participants.

Players who refer new broomball players will receive a \$15 discount.

DC Broomball does not issue refunds.





Winter Cornhole (February – March)

Sponsor Bars: **Union Pub**
201 Massachusetts Avenue, NE
Washington, DC 20002

Tom Tom
2333 18th Street, NW
Washington, DC 20009

Sapphire Cafe
7940 Wisconsin Avenue
Bethesda, MD 20814



Conferences **Capitol Hill** (Mondays)
Adams Morgan (Tuesdays)
Arlington (Wednesdays)
Bethesda (Thursdays)

Season Schedule The inaugural 6-week regular season starts the week of February 8, 2010 with games beginning at approximately 7:30 PM, 8:15 PM, and 9:00 PM. The League Championship Tournament will be held Saturday, March 27. The number of play-off teams will be determined at the start of the season.

Scrimmage ... February 8, 9, 10, 11
Scrimmage ... February 15, 16, 17, 18
Week 1 ... February 22, 23, 24, 25
Week 2 ... March 1, 2, 3, 4
Week 3 ... March 8, 9, 10, 11
Week 4 ... March 15, 16, 17, 18
Week 5 ... March 15, 16, 17, 18
Week 6 ... March 15, 16, 17, 18

Important Dates **Registration Begins** ... December 28, 2009
Late Registration Begins ... February 1, 2010
Kick-off Party ... Friday, February 5, 2010
Play-offs ... Saturday, March 27, 2010
End-of-Season Party ... Saturday, March 27, 2010

Teams To be eligible, teams must consist of 4 players on the field, of which 2 must be female. The League recommends having no less than 6 players on each team and no more than 12 players on the overall roster.

Fees Individual players are \$37 (\$47 late registration). Teams are \$250 for a team of 6 players with each additional teammate at \$10/person. The League fee includes 7 regular season games, eligibility for the play-off tournament, all equipment, District Cornhole t-shirts for all registered participants, drink specials, and access to the District Cornhole free keg on designated nights.

District Cornhole does not issue refunds.



Spring Volleyball (March – May)

Locations: **Crystal Gateway Sport & Health**
1235 S. Clark St.
Arlington, VA 22202

Crystal Park Sport & Health
2231 Crystal Dr. #1
Arlington, VA 22202

Sponsor Bar: **TBA**

Conferences **Social** (Tuesday) & **Athletic** (Wednesday)

Season Schedule The 7-week regular season starts the week of March 23, 2010 with games beginning at approximately at approximately 6:30 PM, 7:15 PM, 8:00 PM, 8:45 PM, and 9:30 PM. Play-offs will be held Saturday, May 8. The number of play-off teams will be determined at the start of the season.

Week 1 ... March 23, 24

Week 2 ... March 30, 31

Week 3 ... April 6, 7

Week 4 ... April 13, 14

Week 5 ... April 20, 21

Week 6 ... April 27, 28

Week 7 ... May 4, 5

Important Dates **Registration Begins** ... February 1, 2010
Registration & Coaches' Meeting ... Monday, March 1, 2010
Late Registration Begins ... Tuesday, March 2, 2010
Kick-off Party ... Friday, March 19, 2010
Play-offs ... Saturday, May 8, 2010
End-of-Season Party ... Friday, May 14, 2010

Teams To be eligible, teams must consist of 6 players on the court, of which 2 must be female. The League recommends having no less than 8 players on each team and no more than 12 players on the overall roster.

Fees Individual players are \$65 (\$75 late registration). Teams are \$600 (\$675 late registration) but there are no additional fees for the number of players. The League fee includes 7 regular season games, eligibility for play-off championships, 1 AASL referees per court, all equipment, AASL Volleyball t-shirts for all registered participants, and drink specials after each game.

On-line payments receive a \$5 discount for individuals and \$25 for teams if paid in full. Otherwise, a \$250.00 deposit will be collected during the Registration & Coaches' meeting. The remainder of the balance will be collected at the first game (if not already paid online). If the team does not have the remainder of their balance, they will not be allowed to play until they do so and that will count as a forfeit.

AASL does not issue refunds.





Spring Football (April – June) – *tentative schedule*

Location: **H.B. Woodlawn High School**
4100 Vacation Lane
Arlington, VA 22207

Sponsor Bar: **TBA**

Conferences **Social** (Sundays afternoons) & **Athletic** (Sunday mornings)

Season Schedule The 6-week regular season starts the week of January 12, 2010. Athletic Conference games start at approximately 10:00 AM, 11:00 AM, 12:00 PM, and 1:00 PM. Social Conference games start at approximately 2:00 PM, 3:00 PM, 4:00 PM, and 5:00 PM. Play-offs will be held Saturday, June 5, 2010. The number of play-off teams will be determined at the start of the season.



Week 1 ... April 11
Week 2 ... April 18
Week 3 ... April 25
Week 4 ... May 2
Week 5 ... May 16
Week 6 ... May 23
Rain Make-up Date ... May 9

Important Dates **Registration Begins** ... February 1, 2010
Registration & Coaches' Meeting ... Tuesday, March 16, 2010
Late Registration Begins ... Wednesday, March 17, 2010
Kick-off Party ... Friday, March 19, 2010
Play-offs ... Saturday, June 5, 2010
End-of-Season Party ... Saturday, June 5, 2010

Teams To be eligible, teams must consist of 7 players on the field, of which 3 must be female. The League recommends having no less than 10 players on each team and no more than 14 players on the overall roster.

Fees Individual players are \$65 (\$75 late registration). Teams are \$525 (\$600 late registration) but there are no additional fees for the number of players. The League fee includes 6 regular season games, eligibility for play-off championships, 2 AASL referees per field, all equipment, AASL Football t-shirts for all registered participants, and drink specials after each game.

On-line payments receive a \$5 discount for individuals and \$25 for teams if paid in full. Otherwise, a \$250.00 deposit will be collected during the Registration & Coaches' meeting. The remainder of the balance will be collected at the first game (if not already paid online). If the team does not have the remainder of their balance, they will not be allowed to play until they do so and that will count as a forfeit.

AASL does not issue refunds.

Residency Arlington County requires that all participants submit proof of residency (e.g. driver's license, utilities bill). Non-Residents should e-mail jack@playaasl.com to inquire about eligibility.



Spring Basketball (March – May)

Locations: **Crystal Gateway Sport & Health**
1235 S. Clark St.
Arlington, VA 22202

Sponsor Bar: **TBA**

Conferences **Social (Monday)**

Season Schedule The 7-week regular season starts the week of March 22, 2010 with games beginning at approximately 6:30 PM, 7:15 PM, 8:00 PM, 8:45 PM, and 9:30 PM. Play-offs will be held Saturday, May 8. The number of play-off teams will be determined at the start of the season.



Week 1 ... March 22

Week 2 ... March 29

Week 3 ... April 5

Week 4 ... April 12

Week 5 ... April 19

Week 6 ... April 26

Week 7 ... May 3

Important Dates **Registration Begins ...** February 1, 2010
Registration & Coaches' Meeting ... Monday, March 1, 2010
Late Registration Begins ... Tuesday, March 2, 2010
Kick-off Party ... Friday, March 19, 2010
Play-offs ... Saturday, May 8, 2010
End-of-Season Party ... Friday, May 14, 2010

Teams To be eligible, teams must consist of 5 players on the court, of which 2 must be female. The League recommends having no less than 8 players on each team and no more than 12 players on the overall roster.

Fees Individual players are \$65 (\$75 late registration). Teams are \$600 (\$650 late registration) but there are no additional fees for the number of players. The League fee includes 7 regular season games, eligibility for play-off championships, 1 AASL referees per court, all equipment, AASL Basketball t-shirts for all registered participants, and drink specials after each game.

Otherwise, a \$300.00 deposit will be collected during the Registration & Coaches' meeting. The remainder of the balance will be collected at the first game (if not already paid online). If the team does not have the remainder of their balance, they will not be allowed to play until they do so and that will count as a forfeit.

AASL does not issue refunds.



Spring Broomball (March – May)

Location: **Tucker Road Ice Rink**
1770 Tucker Road
Ft. Washington, MD 20744

Sponsor Bar: **Frank's Sports Bar**
6308 Livingston Road
Oxon Hill, MD 20745

Conferences **Athletic** (Wednesdays)

Season Schedule The 6-week regular season starts Wednesday, March 24, with games starting promptly at 8:00 PM and 8:45 PM. Each team will be eligible for play-offs.

Week 1 ... March 24

Week 2 ... March 31

Week 3 ... April 7

Week 4 ... April 14

Week 5 ... April 21

Week 6 ... April 28

Important Dates **Registration Begins** ... January 13, 2010
Coaches' Meeting / Draft Pick ... Sunday, March 20, 2010
Kick-off Party ... Friday, March 19, 2010
Play-offs ... May 5, 2010 & May 12, 2010
End-of-Season Party ... Saturday, June 5, 2010

Teams To be eligible, teams must consist of 6 players on the ice (3 forwards, 2 defensemen, and 1 goalie), of which 1 must be female. The League recommends having no less than 11 players on each team and no more than 16 players on the overall roster. Players will be drafted during the Coaches' Meeting and notified thereafter their team assignments. Players may request to be assigned the same team as another player when filling out the registration form.

Fees Individual players are \$80. The League fees include 6 regular season games, 2 play-off games, access to DC Broomball league equipment including helmets, shoes, and sticks, and DC Broomball t-shirts for all registered participants.

Players who refer new broomball players will receive a \$15 discount.

DC Broomball does not issue refunds.





Constitution Kickball Summer Conference (April – June)

Location: **Washington Monument Grounds**
North of the Washington Monument
Between 15th & 17th Street along Constitution Avenue
Washington, DC

Sponsor Bar: **The Exchange Saloon**
1719 G Street NW
Washington, DC 20006

Divisions **Competitive** (Sundays early afternoons)
Social (Sundays late afternoons)

Season Schedule The 8-week regular season starts April 11, 2010. Competitive Division games start at approximately 1:00 PM and 2:00. Social Division games start at approximately 3:00 PM and 4:00 PM. Play-offs will be held Sunday, June 27, 2010 (alternatively, July 11). The number of play-off teams will be determined at the start of the season.

Week 1 ... April 11

Week 2 ... April 18

Week 3 ... April 25

Week 4 ... May 2

Week 5 ... May 16

Week 6 ... May 23

Week 7 ... June 6

Week 8 ... June 13

Rain Make-up Days ... May 9, June 20, June 27

Important Dates **Early Registration Begins ...** January 1, 2010
Regular Registration Begins ... February 15, 2010
Late Registration Begins ... Sunday, March 28, 2010
Captain's Meeting ... Wednesday, March 31, 2010
Kick-off Party ... Friday, April 9, 2010
Mid-season Party ... Friday, May 14, 2010
Play-offs ... Saturday, June 27, 2010
End-of-Season Party ... Saturday, July 10, 2010

Teams To be eligible, teams must consist of 8 players on the field, of which 4 must be female. The League recommends having no less than 24 players on each team and no more than 28 players on the overall roster.

Fees Individual players may register early to qualify for the discounted rate of \$47. Regular registration prices are \$57 and late registration prices are \$67. The League fee includes 8 regular season games, eligibility for play-off championships, 1 CHASE referee per field, all equipment, CHASE Kickball t-shirts for all registered participants, 3 free social events including a free keg for team house parties, and drink specials after each game.

CHASE does not issue refunds.





Downtown Kickball Summer Conference (April – June)

Location: **Washington Monument Grounds**
North of the Washington Monument
Between 15th & 17th Street along Constitution Avenue
Washington, DC

Sponsor Bar: **The Exchange Saloon**
1719 G Street NW
Washington, DC 20006

Divisions **Independence** (Wednesday evenings)
District (Thursday evenings)

Season Schedule The 8-week regular season starts the week of April 14, 2010 with games starting at approximately 6:30 PM and 7:15 PM. Play-offs will be held Saturday, June 12, 2010 (alternatively, the week of June 16-17). The number of play-off teams will be determined at the start of the season.

Week 1 ... April 14, 15
Week 2 ... April 21, 22
Week 3 ... April 28, 29
Week 4 ... May 5, 6
Week 5 ... May 12, 13
Week 6 ... May 19, 20
Week 7 ... May 26, 27
Week 8 ... June 2, 3
Rain Make-up Days ... June 9, 10

Important Dates **Early Registration Begins** ... January 1, 2010
Regular Registration Begins ... February 15, 2010
Late Registration Begins ... Sunday, March 28, 2010
Captain's Meeting ... Tuesday, April 6, 2010
Kick-off Party ... Saturday, April 10, 2010
Mid-season Party ... Friday, May 14, 2010
Play-offs ... Saturday, June 27, 2010
End-of-Season Party ... Saturday, June 12, 2010

Teams To be eligible, teams must consist of 8 players on the field, of which 4 must be female. The League recommends having no less than 24 players on each team and no more than 28 players on the overall roster.

Fees Individual players may register early to qualify for the discounted rate of \$47. Regular registration prices are \$57 and late registration prices are \$67. The League fee includes 8 regular season games, eligibility for play-off championships, all equipment, CHASE Kickball t-shirts for all registered participants, 3 free social events including a free keg for team house parties, and drink specials after each game.

CHASE does not issue refunds.





Adams Morgan Kickball Summer Conference (May – July)

Location: **Stead Park (tentative)**
1625 P Street, NW
Washington, DC 20036

Sponsor Bar: **Tom Tom**
2333 18th Street, NW
Washington, DC 20009

Divisions **Competitive** (Wednesday evenings)
Social (Monday evenings)

Season Schedule The 7-week regular season starts the week of May 3, 2010 with games starting at approximately 6:30 PM and 7:15 PM. Play-offs will be held Saturday, June 12, 2010 (alternatively, the week of June 16-17). The number of play-off teams will be determined at the start of the season.

Week 1 ... May 3, 5
Week 2 ... May 10, 12
Week 3 ... May 17, 19
Week 4 ... May 24, 26
Week 5 ... June 7, 9
Week 6 ... Jun 14, 16
Week 7 ... June 21, 23
Rain Make-up Days ... June 2, 28, 30, and July 5

Important Dates **Early Registration Begins** ... January 1, 2010
Regular Registration Begins ... February 15, 2010
Late Registration Begins ... Sunday, April 18, 2010
Captain's Meeting ... Wednesday, April 21, 2010
Kick-off Party ... Saturday, April 23, 2010
Mid-season Party ... Friday, June 4, 2010
All-Star Game ... Wednesday, July 7, 2010
Play-offs ... Saturday, July 10, 2010
End-of-Season Party ... Saturday, July 10, 2010

Teams To be eligible, teams must consist of 8 players on the field, of which 4 must be female. The League recommends having no less than 24 players on each team and no more than 28 players on the overall roster.

Fees Individual players may register early to qualify for the discounted rate of \$47. Regular registration prices are \$57 and late registration prices are \$67. The League fee includes 7 regular season games, eligibility for play-off championships, all equipment, CHASE Kickball t-shirts for all registered participants, 2 free social events, 1 free keg at Tom Tom for each regular season game, and drink specials after each game.

CHASE does not issue refunds.





Summer Softball (July – September) – *tentative schedule*



Locations: **Virginia Highlands Park**
1600 S. Hayes St.
Arlington, VA 22202

Quincy Park
1201 N. Quincy St.
Arlington, VA 22201

Utah Park
3191 S. Utah St.
Arlington, VA 22206

Sponsor Bar: **TBA**

Conferences **Social** (Tuesdays) & **Athletic** (Wednesdays)

Season Schedule The 7-week regular season starts the week of July 13, 2010 with games beginning at approximately 6:00 PM, 7:00 PM, 8:00 PM, and 9:00 PM. Play-offs will be held the weekend of August 28. The number of play-off teams will be determined at the start of the season.

Week 1 ... July 13, 14, 15

Week 2 ... July 20, 21, 22

Week 3 ... July 27, 28, 29

Week 4 ... August 3, 4, 5

Week 5 ... August 10, 11, 23

Week 6 ... August 17, 18, 19

Week 7 ... August 24, 25, 26

Make-up Days ... Mondays, Fridays TBA

Important Dates Registration Begins ... May 1, 2010

Registration & Coaches' Meeting ... Monday, June 21, 2010

Late Registration Begins ... Tuesday, June 22, 2010

Kick-off Party ... Saturday, July 10, 2010

Play-offs ... Saturday, August 28, 2010 & Sunday, August 29, 2010

End-of-Season Party ... Saturday, August 28, 2010

Teams To be eligible, teams must consist of no more than 10 players on the field, of which 3 must be female. The League recommends having no less than 12 players on each team and no more than 20 players on the overall roster.

Fees Individual players are \$65. Teams are \$650 but there are no additional fees for the number of players. The League fee includes 7 regular season games, eligibility for play-off championships, 1 AASL referee per field, all equipment, AASL Softball t-shirts for all registered participants, and drink specials after each game.

On-line payments receive a \$5 discount for individuals and \$25 for teams if paid in full. Otherwise, a \$250.00 deposit will be collected during the Registration & Coaches' meeting. The remainder of the balance will be collected at the first game (if not already paid online). If the team does not have the remainder of their balance, they will not be allowed to play until they do so and that will count as a forfeit.

AASL does not issue refunds.

Residency Arlington County requires that all participants submit proof of residency (e.g. driver's license, utilities bill). Non-Residents should e-mail jack@playaasl.com to inquire about eligibility.



Summer Dodgeball (August – October) – *tentative schedule*

Locations: **Crystal Gateway Sport & Health**
1235 S. Clark St.
Arlington, VA 22202

Crystal Park Sport & Health
2231 Crystal Dr. #1
Arlington, VA 22202

Sponsor Bar: **Mister Day's**
3100 Clarendon Blvd #A
Arlington, VA 22201

Conferences **Social** (Tuesdays, Thursdays) & **Athletic** (Wednesdays)



Season Schedule The 7-week regular season starts the week of August 31, 2010 with games beginning at approximately 6:00 PM, 6:45 PM, 7:30 PM, 8:15, and 9:00 PM. Play-offs will be held the week of October 12. The number of play-off teams will be determined at the start of the season.

Week 1 ... August 24, 25, 26

Week 2 ... August 31, September 1, 2

Week 3 ... September 7, 8, 9

Week 4 ... September 14, 15, 16

Week 5 ... September 21, 22, 23

Week 6 ... September 28, 29, 30

Week 7 ... October 5, 6, 7

Important Dates **Registration Begins** ... June 1, 2010
Registration & Coaches' Meeting ... Monday, July 12, 2009
Late Registration Begins ... Tuesday, July 13, 2009
Kick-off Party ... Saturday, August 28, 2010
Play-offs ... Tuesday, October 12 & Wednesday, October 13
End-of-Season Party ... Friday, October 15, 2010

Teams To be eligible, teams must consist of 6 players on the court, of which 3 must be female. The League recommends having no less than 8 players on each team and no more than 16 players on the overall roster.

Fees Individual players are \$60. Teams are \$550 but there are no additional fees for the number of players. The League fee includes 6 regular season games, eligibility for play-off championships, 1 AASL referee per court, all equipment, AASL Dodgeball t-shirts for all registered participants, and drink specials after each game.

On-line payments receive a \$5 discount for individuals and \$25 for teams if paid in full. Otherwise, a \$250.00 deposit will be collected during the Registration & Coaches' meeting. The remainder of the balance will be collected at the first game (if not already paid online). If the team does not have the remainder of their balance, they will not be allowed to play until they do so and that will count as a forfeit.

AASL does not issue refunds.



Constitution Kickball Fall Conference (August – November)

Location: **Washington Monument Grounds**
North of the Washington Monument
Between 15th & 17th Street along Constitution Avenue
Washington, DC

Sponsor Bar: **The Exchange Saloon**
1719 G Street NW
Washington, DC 20006

Divisions **Competitive** (Sundays early afternoons)
Social (Sundays late afternoons)

Season Schedule The 7-week regular season starts April 11, 2010. Competitive Division games start at approximately 1:00 PM and 2:00. Social Division games start at approximately 3:00 PM and 4:00 PM. Play-offs will be held Sunday, October 24, 2010 (alternatively, November 7). The number of play-off teams will be determined at the start of the season.

Week 1 ... August 22
Week 2 ... August 29
Week 3 ... September 12
Week 4 ... September 19
Week 5 ... September 26
Week 6 ... October 3
Week 7 ... October 10
Rain Make-up Days ... October 17

Important Dates **Early Registration Begins** ... May 1, 2010
Regular Registration Begins ... June 14, 2010
Late Registration Begins ... July, 31, 2010
Captain's Meeting ... Monday, August 16, 2010
Kick-off Party ... Friday, August 9, 2010
Mid-season Party ... Friday, October 1, 2010
Play-offs ... Sunday, October 24, 2010
End-of-Season Party ... Friday October 29, 2010

Teams To be eligible, teams must consist of 8 players on the field, of which 4 must be female. The League recommends having no less than 24 players on each team and no more than 28 players on the overall roster.

Fees Individual players may register early to qualify for the discounted rate of \$47. Regular registration prices are \$57 and late registration prices are \$67. The League fee includes 8 regular season games, eligibility for play-off championships, 1 CHASE referee per field, all equipment, CHASE Kickball t-shirts for all registered participants, 3 free social events including a free keg for team house parties, and drink specials after each game.

CHASE does not issue refunds.





Downtown Kickball Fall Conference (August – October)

Location: **Washington Monument Grounds**
North of the Washington Monument
Between 15th & 17th Street along Constitution Avenue
Washington, DC

Sponsor Bar: **The Exchange Saloon**
1719 G Street NW
Washington, DC 20006

Divisions **Independence** (Wednesday evenings)
District (Thursday evenings)

Season Schedule The 7-week regular season starts the week of August 4, 2010 with games starting at approximately 6:30 PM and 7:15 PM. Play-offs will be held Saturday, September 18, 2010 (alternatively, the week of September 22). The number of play-off teams will be determined at the start of the season.

Week 1 ... August 4, 5
Week 2 ... August 11, 12
Week 3 ... August 18, 19
Week 4 ... August 25, 26
Week 5 ... September 1, 2
Week 6 ... September 8, 9
Week 7 ... September 15, 16
Rain Make-up Days ... September 22, 23

Important Dates **Early Registration Begins** ... May 1, 2010
Regular Registration Begins ... June 1, 2010
Late Registration Begins ... July, 12, 2010
Captain's Meeting ... Saturday, July 31, 2010
Kick-off Party ... Saturday, July 31, 2010
Mid-season Party ... Saturday, August 28, 2010
Play-offs ... Saturday, September 18, 2010
End-of-Season Party ... Saturday, September 18, 2010

Teams To be eligible, teams must consist of 8 players on the field, of which 4 must be female. The League recommends having no less than 24 players on each team and no more than 28 players on the overall roster.

Fees Individual players may register early to qualify for the discounted rate of \$47. Regular registration prices are \$57 and late registration prices are \$67. The League fee includes 8 regular season games, eligibility for play-off championships, all equipment, CHASE Kickball t-shirts for all registered participants, 3 free social events including a free keg for team house parties, and drink specials after each game.

CHASE does not issue refunds.





Adams Morgan Kickball Fall Conference (Sept. – Nov.)

Location: **Stead Park (tentative)**
1625 P Street, NW
Washington, DC 20036

Sponsor Bar: **Tom Tom**
2333 18th Street, NW
Washington, DC 20009

Divisions **Competitive** (Wednesday evenings)
Social (Monday evenings)

Season Schedule The 7-week regular season starts the week of September 8, 2010 with games starting at approximately 6:30 PM and 7:15 PM. Play-offs will be held the weeks of November 1 & 8 (alternatively, the weeks of November 8 & 15). The number of play-off teams will be determined at the start of the season.

Week 1 ... September 8, 13
Week 2 ... September 15, 20
Week 3 ... September 22, 27
Week 4 ... September 29, October 4
Week 5 ... October 6, 11
Week 6 ... October 13, 20
Week 7 ... October 25, 27
Rain Make-up Days ... October 1, 3

Important Dates **Early Registration Begins** ... May 1, 2010
Regular Registration Begins ... July 1, 2010
Late Registration Begins ... August, 15, 2010
Captain's Meeting ... Wednesday, August 25, 2010
Kick-off Party ... Saturday, July 31, 2010
Mid-season Party ... Friday, October 1, 2010
Play-offs ... November 1, 3, 8 & 10, 2010
End-of-Season Party ... Friday, November 19, 2010

Teams To be eligible, teams must consist of 8 players on the field, of which 4 must be female. The League recommends having no less than 24 players on each team and no more than 28 players on the overall roster.

Fees Individual players may register early to qualify for the discounted rate of \$47. Regular registration prices are \$57 and late registration prices are \$67. The League fee includes 7 regular season games, eligibility for play-off championships, all equipment, CHASE Kickball t-shirts for all registered participants, 2 free social events, 1 free keg at Tom Tom for each regular season game, and drink specials after each game.

CHASE does not issue refunds.





Fall Softball (September – November) – *tentative schedule*



Locations: **Virginia Highlands Park**
1600 S. Hayes St.
Arlington, VA 22202

Quincy Park
1201 N. Quincy St.
Arlington, VA 22201

Utah Park
3191 S. Utah St.
Arlington, VA 22206

Sponsor Bar: **TBA**

Conferences **Social** (Saturday afternoons) & **Athletic** (Saturday mornings)

Season Schedule The 7-week regular season starts the week of September 18, 2010. Athletic Conference games start at approximately 10:00 AM, 11:00 AM, 12:00 PM, and 1:00 PM. Social Conference games start at approximately 2:00 PM, 3:00 PM, 4:00 PM, and 5:00. Play-offs will be held the weekend of November 6, 2010. The number of play-off teams will be determined at the start of the season.

Week 1 ... September 18

Week 2 ... September 25

Week 3 ... October 2

Week 4 ... October 9

Week 5 ... October 16

Week 6 ... October 23

Week 7 ... October 30

Important Dates **Registration Begins** ... July 1, 2010
Registration & Coaches' Meeting ... Monday, August 30, 2010
Late Registration Begins ... Tuesday, August 31, 2010
Kick-off Party ... Saturday, September 18, 2010
Play-offs ... Saturday, November 6, 2010
End-of-Season Party ... Friday, November 19, 2010

Teams To be eligible, teams must consist of no more than 10 players on the field, of which 3 must be female. The League recommends having no less than 12 players on each team and no more than 20 players on the overall roster.

Fees Individual players are \$65. Teams are \$650 but there are no additional fees for the number of players. The League fee includes 7 regular season games, eligibility for play-off championships, 1 AASL referee per field, all equipment, AASL Softball t-shirts for all registered participants, and drink specials after each game.

On-line payments receive a \$5 discount for individuals and \$25 for teams if paid in full. Otherwise, a \$250.00 deposit will be collected during the Registration & Coaches' meeting. The remainder of the balance will be collected at the first game (if not already paid online). If the team does not have the remainder of their balance, they will not be allowed to play until they do so and that will count as a forfeit.

AASL does not issue refunds.

Residency Arlington County requires that all participants submit proof of residency (e.g. driver's license, utilities bill). Non-Residents should e-mail jack@playaasl.com to inquire about eligibility.



Fall Football (October – November) – *tentative schedule*

Location: **H.B. Woodlawn High School**
4100 Vacation Lane
Arlington, VA 22207

Sponsor Bar: **TBA**

Conferences **Social** (Sundays afternoons) & **Athletic** (Sunday mornings)

Season Schedule The 6-week regular season starts October 2, 2010. Athletic Conference games start at approximately 10:00 AM, 11:00 AM, 12:00 PM, and 1:00 PM. Social Conference games start at approximately 2:00 PM, 3:00 PM, 4:00 PM, and 5:00 PM. Play-offs will be held Saturday, November 13, 2010 (alternatively, November 20). The number of play-off teams will be determined at the start of the season.



Week 1 ... October 2
Week 2 ... October 9
Week 3 ... October 16
Week 4 ... October 23
Week 5 ... October 30
Week 6 ... November 6
Rain Make-up Date ... November 13

Important Dates **Registration Begins** ... August 1, 2010
Registration & Coaches' Meeting ... Tuesday, August 31, 2010
Late Registration Begins ... Wednesday, September 1, 2010
Kick-off Party ... Saturday, September 18, 2010
Play-offs ... Saturday, November 13, 2010
End-of-Season Party ... Friday, November 19, 2010

Teams To be eligible, teams must consist of 7 players on the field, of which 3 must be female. The League recommends having no less than 10 players on each team and no more than 14 players on the overall roster.

Fees Individual players are \$65 (\$75 late registration). Teams are \$525 (\$600 late registration) but there are no additional fees for the number of players. The League fee includes 6 regular season games, eligibility for play-off championships, 2 AASL referees per field, all equipment, AASL Football t-shirts for all registered participants, and drink specials after each game.

On-line payments receive a \$5 discount for individuals and \$25 for teams if paid in full. Otherwise, a \$250.00 deposit will be collected during the Registration & Coaches' meeting. The remainder of the balance will be collected at the first game (if not already paid online). If the team does not have the remainder of their balance, they will not be allowed to play until they do so and that will count as a forfeit.

AASL does not issue refunds.

Residency Arlington County requires that all participants submit proof of residency (e.g. driver's license, utilities bill). Non-Residents should e-mail jack@playaasl.com to inquire about eligibility.



Fall Broomball (September – October)

Location: **Tucker Road Ice Rink**
1770 Tucker Road
Ft. Washington, MD 20744

Sponsor Bar: **Frank's Sports Bar**
6308 Livingston Road
Oxon Hill, MD 20745

Conferences **Athletic** (Wednesdays)

Season Schedule The 6-week regular season starts Wednesday, September 1, with games starting promptly at 9:15 PM and 10:00 PM. Each team will be eligible for play-offs.

Week 1 ... September 1

Week 2 ... September 8

Week 3 ... September 15

Week 4 ... September 22

Week 5 ... September 29

Week 6 ... October 6

Important Dates **Registration Begins** ... July 1, 2009
Coaches' Meeting / Draft Pick ... Monday, August 16, 2010
Kick-off Party ... Saturday, August 28, 2010
Play-offs ... October 13, 2010 & October 20, 2010
End-of-Season Party ... Friday, October 29, 2010

Teams To be eligible, teams must consist of 6 players on the ice (3 forwards, 2 defensemen, and 1 goalie), of which 1 must be female. The League recommends having no less than 11 players on each team and no more than 16 players on the overall roster. Players will be drafted during the Coaches' Meeting and notified thereafter their team assignments. Players may request to be assigned the same team as another player when filling out the registration form.

Fees Individual players are \$80. The League fees include 6 regular season games, 2 play-off games, access to DC Broomball league equipment including helmets, shoes, and sticks, and DC Broomball t-shirts for all registered participants.

Players who refer new broomball players will receive a \$15 discount.

DC Broomball does not issue refunds.





Fall Volleyball (October – December) – *tentative schedule*

Locations: **Crystal Gateway Sport & Health**
1235 S. Clark St.
Arlington, VA 22202

Crystal Park Sport & Health
2231 Crystal Dr. #1
Arlington, VA 22202

Sponsor Bar: **TBA**

Conferences **Social** (Tuesday) & **Athletic** (Wednesday)

Season Schedule The 7-week regular season starts the week of October 19, 2010 with games beginning at approximately 6:00 PM, 7:00 PM, 8:00 PM, and 9:00 PM. Play-offs will be held the week of December 14. The number of play-off teams will be determined at the start of the season.

Week 1 ... October 19, 20

Week 2 ... October 26, 27

Week 3 ... November 2, 3

Week 4 ... November 9, 10

Week 5 ... November 16, 17

Week 6 ... November 30, December 1

Week 7 ... December 7, 8

Important Dates **Registration Begins** ... August 1, 2010
Registration & Coaches' Meeting ... Monday, Sept. 20, 2010
Late Registration Begins ... Tuesday, September 21, 2010
Kick-off Party ... Friday, October 15, 2010
Play-offs ... December 14, 15
End-of-Season Party ... Saturday, December 11, 2010

Teams To be eligible, teams must consist of 6 players on the court, of which 2 must be female. The League recommends having no less than 8 players on each team and no more than 12 players on the overall roster.

Fees Individual players are \$65 (\$75 late registration). Teams are \$575 (\$650 late registration) but there are no additional fees for the number of players. The League fee includes 7 regular season games, eligibility for play-off championships, 1 AASL referees per court, all equipment, AASL Volleyball t-shirts for all registered participants, and drink specials after each game.

On-line payments receive a \$5 discount for individuals and \$25 for teams if paid in full. Otherwise, a \$250.00 deposit will be collected during the Registration & Coaches' meeting. The remainder of the balance will be collected at the first game (if not already paid online). If the team does not have the remainder of their balance, they will not be allowed to play until they do so and that will count as a forfeit.

AASL does not issue refunds.





Fall Bowling (October – December) – *tentative schedule*



Location: **Bowl America**
6450 Edsall Road
Alexandria, VA 22312

Sponsor Bar: **Bowl America**
6450 Edsall Road
Alexandria, VA 22312

Conferences **Social (Sundays)**

Season Schedule The Fall Bowling season will be a 6-week season with 2 games each week. The specific start time and date will be determined at a later date. Players have the option of bowling additional games afterward at their expense. The number of play-off teams will be determined at the start of the season.

Week 1 ... TBA
Week 2 ... TBA
Week 3 ... TBA
Week 4 ... TBA
Week 5 ... TBA
Week 6 ... TBA

Important Dates **Registration Begins ... TBA**
Registration & Coaches' Meeting ... TBA
Late Registration Begins ... TBA
Kick-off Party ... TBA
Play-offs ... TBA
End-of-Season Party ... TBA

Teams To be eligible, teams must consist of 3 players on the lane, of which 1 must be female. Official scores are based on the top 5 bowlers, of which two must be female. Additional bowlers may participate but their scores are not factored into the overall score. The League recommends having no less than 6 players on each team and no more than 10 players on the overall roster.

Fees Individual players are \$70. Teams are \$500 but there are no additional fees for the number of players. The League fees include 6 regular season games, eligibility for play-off championships, shoes and bowling balls provided by Bowl America, and AASL Bowling t-shirts for all registered participants.

On-line payments receive a \$5 discount for individuals and \$25 for teams if paid in full. Otherwise, a \$250.00 deposit will be collected during the Registration & Coaches' meeting. The remainder of the balance will be collected at the first game (if not already paid online). If the team does not have the remainder of their balance, they will not be allowed to play until they do so and that will count as a forfeit.

AASL does not issue refunds.



Inter-Season Broomball (November 2010 – January 2011)

Location: **Tucker Road Ice Rink**
1770 Tucker Road
Ft. Washington, MD 20744

Sponsor Bar: **Frank's Sports Bar**
6308 Livingston Road
Oxon Hill, MD 20745

Conferences **Athletic** (Wednesdays)

Season Schedule The 6-week regular season starts Wednesday, January 13, with games starting promptly at 9:15 PM and 10:00. Each team will be eligible for play-offs.

Week 1 ... November 3
Week 2 ... November 10
Week 3 ... November 17
Week 4 ... December 1
Week 5 ... December 8
Week 6 ... January 5, 2011

Important Dates **Registration Begins** ... December 1, 2009
Coaches' Meeting / Draft Pick ... Saturday, January 2, 2010
Kick-off Party ... Friday, January 8, 2010
Play-offs ... January 12, 2011
End-of-Season Party ... Saturday, January 15, 2011

Teams To be eligible, teams must consist of 6 players on the ice (3 forwards, 2 defensemen, and 1 goalie), of which 1 must be female. The League recommends having no less than 11 players on each team and no more than 16 players on the overall roster. Players will be drafted during the Coaches' Meeting and notified thereafter their team assignments. Players may request to be assigned the same team as another player when filling out the registration form.

Fees Individual players are \$80. The League fees include 6 regular season games, 2 play-off games, access to DC Broomball league equipment including helmets, shoes, and sticks, and DC Broomball t-shirts for all registered participants.

Players who refer new broomball players will receive a \$15 discount.

DC Broomball does not issue refunds.

